



6136 Brandon Ave  
Springfield, VA 22150  
703.866.3131

APPOINTMENT DATE

APPOINTMENT TIME

## Patient Instructions for PET/CT Stress Testing

### 24 HOURS BEFORE

DO NOT eat or drink anything that has **CAFFEINE**:

- No Coffee
- No Tea
- No Decaffeinated products
- No Excedrin
- No Chocolate
- No Cocoa
- No Herbal teas
- No Soda

*Caffeine will interfere with the results of the test.*

### 4 HOURS BEFORE

DO NOT eat or drink anything except water, juice, and Gatorade. **DIABETIC PATIENTS ONLY**: Hold any diabetes medications.

The following medication should not be taken within 24 hours of the test:

- If you are claustrophobic or have a problem with being in a restricted environment for any length of time, please consult your referring physician prior to your appointment.

### CANCELLATION

- You must cancel **at least 7 days before** your scheduled procedure unless you have an emergency, such as being admitted to the hospital. If you need to cancel, please notify us at 703.866.3131. Special testing isotopes are ordered for each patient, and failure to inform us at least 7 days in advance will result in a **\$1,000 missed appointment fee**, which will be charged directly to you.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date